# Welcome to Fallon Medicare Plus

Plans tailor-made for Worcester County residents.



fallonhealth.org/medicare

### Fallon Health – a company that cares

### Fallon Medicare Plus™ Premier HMO–Worcester County

Our priority—always—is making sure our members get the care they need and deserve.

Fallon Medicare Plus Premier HMO is Fallon Health's Medicare Advantage plan for retirees. Our plan offers comprehensive coverage and more benefits than members would get with Original Medicare alone.

As a resident of Worcester County, you have two options. Copayments are the same in both plans. Your monthly premium, Benefit Bank amount, and providers you see will be determined by the plan you choose.

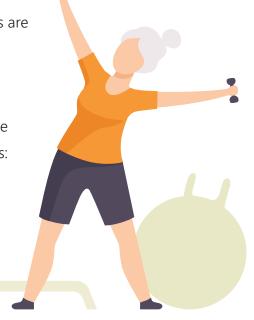
- **1. With Fallon Medicare Plus Central Premier HMO**, you must receive care and services from a tailored group of local providers that includes:
  - All Reliant Medical Group providers
  - St. Vincent Hospital
  - Heywood Hospital and providers
  - Select Steward Health Care providers
  - And other, select contracted providers

To join this plan, you must be a resident of Worcester County. You'll get a larger Benefit Bank amount, and you will pay a lower monthly premium when you choose this plan.

**2. Fallon Medicare Plus Premier HMO** includes all of the providers listed in our Central plan above, plus all of our contracted physicians, hospitals, and medical centers throughout the state—from Boston to the Berkshires.

With this plan, you'll have more choice around which providers you want to see.





### Both plans include rich benefits like:

#### **Benefit Bank**

The Benefit Bank card is preloaded with money that you can use for dental care, eyewear, fitness memberships, and hearing aids. Use the card to pay a portion, or the full cost, of an item or service. You have an allowance of up to \$500.

#### Hearing aids

Copayments vary from \$695 to \$2,645 through Amplifon. You can use your Benefit Bank toward these copayments or on hearing aids purchased from other providers, if you choose.

#### **Eyewear**

\$150 toward eyewear, every year. You can also use your Benefit Bank toward additional eyewear costs.

#### **Dental**

Coverage for preventive care like cleanings, routine exams, and X-rays, as well as comprehensive services like root canals. Plus, you can use the Benefit Bank to pay for dental services.

#### SilverSneakers®

Includes a free gym membership and on-demand library of classes, workouts, and instructional videos. Plus, you may use the Benefit Bank to pay for fitness memberships of your choice.

### WW® membership

Free 13-consecutive-week WW membership (formerly Weight Watchers).

#### **Care Connect**

24/7 access to registered nurses by phone, at a \$0 copay. Nurses provide guidance on where to go for care, and/or they can connect you with your doctor.

When you choose Fallon
Medicare Plus Central
Premier HMO, you get
a larger amount in your
Benefit Bank—\$500
compared to \$250 with
our other plan option.

See inside this kit for additional information about Fallon Medicare Plus Premier HMO, as well as all the tools you need to enroll today!



1-866-231-3669 (TRS 711)

8 a.m.-8 p.m., Monday-Friday (Oct. 1-March 31, seven days a week)

fallonhealth.org/medicare

### Fallon Medicare Plus™ Premier Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a Fallon representative at 1-866-231-3669 (TRS 711), 8 a.m.-8 p.m., Monday–Friday (Oct. 1–March 31, seven days a week).

#### **Understanding the benefits**

	The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit fallonhealth.org/medicare or call 1-866-231-3669 (TRS 711) to view or request a copy of the EOC.
	Review the Provider Directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
	Review the Pharmacy Directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
	Review the Formulary to make sure your drugs are covered.
Under	standing important rules
	In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
	Benefits, premiums and/or copayments/coinsurance may change on January 1, 2024.



Except in emergency or urgent situations, we do not cover services by out-of-network

providers (doctors who are not listed in the Provider Directory).

H9001\_230082\_E 22-686-063 Rev. 00 7/22

### 2023 Fallon Medicare Plus<sup>™</sup> Premier HMO Enrollment Form – Worcester County

SECTION 1 – All fields on this page	are require	ed (unless n	narked opti	onal).
To enroll, ple	ase provide	the followin	ng informati	on.
Company name:			Group numb	per:
Authorized signature:			Requested e	ffective date:
Select plan to enroll in:    Fallon Medicare Plus Premier HMO	☐ Fallon	Medicare Plu	s Central Prei	mier HMO (limited network)
Last name:	First nam	ne:		Middle initial: (optional)
Birth date: (MM/DD/YYYY) /	Sex: $\square$ M $\square$ F	Home phon		
Mobile phone number: (optional)	1	Email addres		
( <u> </u>				
☐ I authorize Fallon Health to send me text messages related to my plan benefits and s				th to send me email messages efits and services.
Permanent residence street address (P.O. Bo	ox is not allow	ed):		
City/town:	State:	ZIP code:		County: (optional)
Mailing address if different from above:				
Street address:				
City/town:		State	e: Z	ZIP code:
Please provid	e your Medi	care insuran	ce informat	ion.
Please take out your red, v	white and blu	e Medicare c	ard to compl	ete this section.
Fill out this information as it appears on your Medicare card.  OR	Name (as it	appears on yo	our Medicare	card):
Attach a copy of your Medicare card or your letter from the Social Security Administration or the Railroad Retirement Board.	Medicare nu		Effective d	ato:
You must have Medicare Part A	Hospital (Part A)			
and Part B to join a Medicare Advantage plan.	☐ Medical			_
Please read a	and answer t	hese import	ant questio	ns.
1. Are you the retiree?  Yes  No				
If yes, retirement date (month/date/yea				
If no, name of retiree:				
2. Are you covering a spouse or depend			•	
Name(s) of dependent(s):				

	Please read and answer these important questions (continued).				
3.	Do you or your spouse work?				
4.	Some individuals may have other drug coverage, including other private insurance, Workers' Compensation, VA benefits or State pharmaceutical assistance programs.				
	Will you have other <i>prescription</i> drug coverage in addition to Fallon Health?				
	If "yes", please list your other coverage and your identification (ID) number(s) for this coverage:				
	Name of other coverage:				
	ID # for coverage:				
5.	Are you a resident in a long-term care facility, such as a nursing home?				
	If "yes" please provide the following information:				
	Name of Institution:				
	Address & Phone Number of Institution (number and street):				
6.	Please choose a primary care physician (PCP), clinic or health center:				
Plea wha	Braille  Audio CD  Large print ase contact Fallon Health at 1-866-231-3669 (TRS 711) if you need information in an accessible format other than at is listed above.  and to get the following materials via email. Select one or more.  Evidence of Coverage  Formulary Email address:				
	Please read the important information on the following page and then sign below.				
laws this 1) th is av	derstand that my signature (or the signature of the person authorized to act on my behalf under the soft the state where I live) on this application means that I have read and understand the contents of application. If signed by an authorized individual (as described above), this signature certifies that: his person is authorized under state law to complete this enrollment, and 2) documentation of this authority vailable upon request by Fallon Health or by Medicare.				
	r signature/authorized representative Today's date				
If yc	ou are the authorized representative, you must sign above and provide the following information:				
Nan	ne (printed)  Relationship to enrollee				
Add	ress				
Dha	ne number: ( ) -				

SECTION 2 – All fields in this section are optional.						
Answering these questions is your choice. You ca	an't be denied c	overage because y	ou don't fill them out.			
Are you Hispanic, Latino/a, or Spanish origin? Sea	lect all that app	ly.				
☐ No, not of Hispanic, Latino/a, or Spanish ori	igin	☐ Yes, Mexican, N	Mexican American, Chicano/a			
☐ Yes, Puerto Rican		☐ Yes, Cuban				
☐ Yes, another Hispanic, Latino/a, or Spanish o	origin	☐ I choose not to	answer.			
What's your race? Select all that apply.						
☐ American Indian or Alaska Native	☐ Asian India	n	☐ Black or African American			
☐ Chinese	☐ Filipino		☐ Guamanian or Chamorro			
☐ Japanese	☐ Korean		☐ Native Hawaiian			
☐ Other Asian	☐ Other Pacif	ic Islander	☐ Samoan			
☐ Vietnamese	☐ White		☐ I choose not to answer.			

### SECTION 3 – Read this important information.

#### By completing this enrollment application, I agree to the following:

Fallon Health is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in Fallon Health depends on contract renewal. I will need to keep my Medicare Parts A and B. (This means I must continue to pay my Medicare Part B premium.) I can only be in one Medicare Advantage Plan at a time, and I understand that my enrollment in this plan will automatically end my enrollment in another Medicare health plan. It is my responsibility to inform you of any prescription drug coverage that I have or may get in the future. I understand that if I don't have Medicare prescription drug coverage (as good as Medicare's), I may have to pay a late enrollment penalty if I enroll in Medicare prescription drug coverage in the future. Enrollment in this plan is generally for the entire year. Once I enroll, I may leave this plan or make changes only at certain times of the year when an enrollment period is available (Example: October 15–December 7 of every year), or under certain special circumstances.

Fallon Medicare Plus Premier HMO and Fallon Medicare Plus Central Premier HMO serve a specific service area. If I move out of the area that Fallon Medicare Plus Premier HMO or Fallon Medicare Plus Central Premier HMO serves, I need to notify the plan so I can disenroll and find a new plan in my new area. Once I am a member of Fallon Medicare Plus Premier HMO or Fallon Medicare Plus Central Premier HMO, I have the right to appeal plan decisions about payment or services if I disagree. I will read the Evidence of Coverage document from Fallon Medicare Plus Premier HMO or Fallon Medicare Plus Central Premier HMO when I get it to know which rules I must follow to receive coverage with this Medicare Advantage Plan. I understand that people with Medicare aren't usually covered under Medicare while out of the country except for limited coverage near the U.S. border.

I understand that beginning on the date Fallon Medicare Plus Premier HMO or Fallon Medicare Plus Central Premier HMO coverage begins, I must get all of my health care from Fallon Medicare Plus Premier HMO or Fallon Medicare Plus Central Premier HMO, except for emergency or urgently needed services or out-of-area dialysis services. Services authorized by Fallon Medicare Plus Premier HMO or Fallon Medicare Plus Central Premier HMO and other services contained in my plan Evidence of Coverage document (also known as a member contract or subscriber agreement) will be covered. Without authorization, **NEITHER MEDICARE NOR FALLON MEDICARE PLUS PREMIER HMO NOR FALLON MEDICARE PLUS CENTRAL PREMIER HMO WILL PAY FOR THE SERVICES**.

I understand that if I am receiving assistance from a sales agent, broker, or other individual employed by or contracted with Fallon Health, they may be paid based on my enrollment in Fallon Medicare Plus Premier HMO or Fallon Medicare Plus Central Premier HMO.

#### Release of information:

By joining this Medicare health plan, I acknowledge that Fallon Medicare Plus Premier HMO or Fallon Medicare Plus Central Premier HMO will release my information to Medicare and other plans as is necessary for treatment, payment and health care operations. I also acknowledge that Fallon Medicare Plus Premier HMO or Fallon Medicare Plus Central Premier HMO will release my information including my prescription drug event data (if applicable) to Medicare, who may release it for research and other purposes which follow all applicable Federal statutes and regulations. The information on this form is correct to the best of my knowledge. I understand that if I intentionally provide false information on this form, I will be disenrolled from the plan.



1-866-231-3669 (TRS 711)

8 a.m.-8 p.m., seven days a week (Apr.-Sept., 8 a.m.-8 p.m., Mon.-Fri.)

FALLON USE ONLY ☐ New enrollment OEV required: Name of staff member (if assisted in enrollment)	Sales staff initials:		· ·		
EGWP:	,				Not eligible:
Staff verification:		Effectiv	e date of covera	ge:	
County code:	Previous insurance:				
Broker name:		_ Broker ID: .			

# Fallon Medicare Plus™ Central Premier HMO Summary of Benefits

January 1, 2023-December 31, 2023



### Fallon Medicare Plus Central Premier HMO

### 2023 Summary of Plan Benefits

This is a summary of drug and health services covered by Fallon Medicare Plus Central Premier HMO for January 1, 2023–December 31, 2023.

Fallon Health is an HMO plan with a Medicare contract. Enrollment in Fallon Health depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please see the Evidence of Coverage, which is available online at fallonhealth.org/medicare or by calling the phone number at the end of this book.

To join Fallon Medicare Plus Central Premier HMO, you and/or your spouse must be a member of an employer/union group and you and/or your spouse must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. The service area for Fallon Medicare Plus Central Premier HMO is Worcester County, Massachusetts.

Fallon Medicare Plus Central Premier HMO includes all Reliant Medical Group providers, as well as Heywood Hospital and its providers, St. Vincent Hospital and select Steward Health Care providers. If you use providers that are not in our network, the plan will not pay for these services except in certain circumstances.

Plan Costs	Monthly plan premium  You must continue to pay your Part B premium.  Costs  Medical deductible  This is the amount you must pay before your health plan pays for part of the cost of medical care and services.		Maximum out-of-pocket  This is the yearly limit that you will pay out-of-pocket for covered medical services. This amount does not include your monthly premium or any prescription drug costs.
Fallon Medicare Plus Central Premier HMO	Because you pay a premium to your employer group, please contact your benefits administrator for 2023 premium information.	\$0	\$3,400

### Part D Prescription Drug Benefits

These medications are ones that you need a prescription to receive, and that you typically get at a retail pharmacy or through mail order. There are four "drug payment stages" for Part D prescription drug coverage: deductible stage, initial coverage stage, coverage gap stage and catastrophic coverage stage.

Our plan covers most Part D vaccines at no cost to you in all coverage stages. You will pay no more than \$35 for a 30-day supply of covered insulin drugs, regardless of the drug coverage stage.

### **Deductible Stage**

Because there is no deductible for Fallon Medicare Plus Central Premier HMO, this stage does not apply to your Part D prescription drug coverage.

### **Initial Coverage Stage**

You pay the following amounts until your year-to-date "total drug costs" (your payments plus any Part D plan's payments) total \$7,400.

Fallon Medicare Plus Central Premier HMO						
		Retail		Mail order		
	30-day supply	60-day supply	90-day supply	30-day supply	60-day supply	90-day supply
Tier 1: Preferred generic drugs	\$10	\$20	\$30	\$10	\$20	\$20
Tier 2: Generic drugs	\$10	\$20	\$30	\$10	\$20	\$20
Tier 3: Preferred brand drugs	\$30	\$60	\$90	\$30	\$60	\$60
Tier 4: Non-preferred brand drugs	\$65	\$130	\$195	\$65	\$130	\$162.50
Tier 5: Specialty drugs	\$65	Not available for this tier	Not available for this tier	\$65	Not available for this tier	Not available for this tier
Tier 6: Select care drugs	\$0	Not available for this tier	Not available for this tier	\$0	Not available for this tier	Not available for this tier

Certain drugs are not available in an extended-day supply. These drugs may be included within Tiers 1-6.

Your copays for insulin drugs are no more than: \$35 for a 30-day supply purchased at retail or through mail order; \$105 for a 90-day supply purchased at retail, and \$70 for a 90-day supply purchased through mail order.

### **Coverage Gap Stage**

You do not have a coverage gap.

### **Catastrophic Coverage Stage**

After your yearly out-of-pocket drug costs reach \$7,400, you pay the greater of: 5% coinsurance (for insulin, no more than \$35), or \$4.15 for generic or a preferred brand drug and \$10.35 for all other drugs.

For more information about cost-sharing specific to the different phases of the benefit, please use the contact information included on the back page to call us.

Fallon Medicare Plus Central Premier HMO Medical Benefits	You pay
Inpatient Hospital Care Includes medical, surgical, and rehabilitation services. Requires prior authorization.	\$250 per admission
Outpatient Hospital Care Includes:  • Outpatient surgery in an ambulatory surgical center or hospital outpatient facility. Requires prior authorization.	\$125
Observation services.	\$0
Doctor Visits • Primary Care Provider (PCP).	\$15
Annual Supplemental Physical Exam with PCP.	\$0
Annual Wellness Visit with PCP.	\$0
Specialists. May require referral.	\$25
Telehealth services. May require referral.	\$0 PCP \$0 Outpatient mental health \$0 Outpatient substance abuse \$25 Specialists except as noted above
• 24/7 phone, video, or mobile access to board-certified doctors.	\$0 primary care services
Preventive Care Includes Welcome to Medicare preventive visit, certain screenings, and immunizations such as those for pneumonia and influenza, as well as other preventive care services. May require prior authorization.	\$0
Emergency Care Copays are per visit at in- or out-of-network facilities. Coverage is worldwide. You will not pay the emergency copay if you are admitted to the hospital within 72 hours for the same condition.	\$75
<ul><li>Urgently Needed Services</li><li>In the United States and its territories.</li></ul>	\$15
Outside of the United States and its territories.	\$75
Outpatient Diagnostic Tests and Therapeutic Services and Supplies Includes Medicare-covered lab services, diagnostic procedures and tests, X-rays, and therapeutic radiology services, as well as INR testing (anti-coagulant visit).  Some services, tests, and supplies require prior authorization.	\$0
Outpatient Diagnostic Imaging Includes Medicare-covered diagnostic radiology services such as CT scans, PET scans, MRIs, and nuclear studies. <i>Requires prior authorization</i> .	\$0

Medical Benefits	You pay
Hearing Services  • One supplemental routine exam per year.	\$0
• Diagnostic exams.	\$25
• Hearing aid copays apply to purchases made through Amplifon and vary by model and manufacturer. For coverage, purchases must be made through Amplifon. Limit 2 per member per year.	Copays vary fro \$695 to \$2,64
Hearing aids covered as part of the Benefit Bank.	See Benefit Bai
Dental Services • Preventive care, like exams and cleanings through Dental Benefit Providers.	\$25
Comprehensive non-orthodontic care, like root canals, fillings, and crowns.	Copays vary fro \$0 to \$990
Dental services covered as part of the Benefit Bank.	See Benefit Bar
Vision Care Includes:  • One pair of Medicare-covered standard eyeglasses with standard frames or contact lenses after cataract surgery, when obtained by an EyeMed provider.  • Medicare-covered glaucoma tests.	\$0
<ul><li>One supplemental routine exam per year.</li><li>Medicare-covered exams to treat diseases and conditions of the eye.</li></ul>	\$25
• \$150 coverage for one pair of non-Medicare-covered eyeglasses or contact lenses, every year, in-network only. Excludes the one pair of Medicare-covered eyeglasses or contact lenses after cataract surgery.	Costs above \$1
• Eyewear covered as part of the Benefit Bank.	See Benefit Bai
Psychiatric Care Inpatient: Requires prior authorization.	\$250 per admissior
<ul> <li>Outpatient:         Individual and group therapy visits. Prior authorization is required for:         Transcranial Magnetic Stimulation (TMS) Therapy         Electroconvulsive Therapy (ECT)         Neuropsychological Testing         Intensive Outpatient (IOP) Therapy     </li> </ul>	In-office withou psychiatrist: \$1 In-office with psychiatrist: \$2 Telehealth visi with or without psychiatrist: \$
Skilled Nursing Facility (SNF) Care Requires prior authorization.	\$20
• Per-day cost, for days 1–10 per admission.	
Per-day cost, for days 11–100 per benefit period.	\$0
Outpatient Rehabilitation Services  Physical and occupational therapy visits beyond 60 visits each require prior authorization.  Speech language therapy visits beyond 35 visits require prior authorization.	\$15

Fallon Medicare Plus Central Premier HMO Medical Benefits	You pay
Ambulance Copays are for one-way Medicare-covered transports. Ambulance services are covered worldwide. Non-emergency ambulance services require prior authorization.	\$0
<b>Transportation</b> One-way, non-emergent chair van transport from hospital to skilled nursing facility.	\$35
Medicare Part B Prescription Drugs  Drugs that usually aren't self-administered and are injected or infused while at a doctor's office, hospital, or ambulatory/outpatient facility. Certain drugs require prior authorization and/or step therapy.	\$10–\$65
Podiatry Includes medically necessary foot care services. Requires referral.	\$15
Durable Medical Equipment and Related Supplies Requires prior authorization.	\$0
Acupuncture for chronic low back pain Includes up to 12 visits in 90 days. Requires referral.	\$15
Meals  Up to 14 fully prepared, home-delivered meals (2 meals/day for 7 days) upon discharge from an observation stay or inpatient admission at a hospital or skilled nursing facility.	\$0
Benefit Bank Pay for dental care, eyewear, fitness memberships, and hearing aids with your Benefit Bank card. We put money on the card, and you choose how to use it. Pay for a portion, or the full cost, of an item.	Costs above \$500
Over-the-counter items  Up to four FDA emergency use authorized COVID-19 tests, up to \$48 per month. Tests are available over-the-counter at participating pharmacies.	Costs above \$48 per month
Health and Wellness Programs	
Fitness membership/classes  • SilverSneakers® – Includes access to online classes and instructional videos, an at-home fitness kit, and/or a gym membership.	\$0
Fitness memberships and online fitness program services covered as part of the Benefit Bank.	See Benefit Bank
<ul><li>WW® (formerly Weight Watchers)</li><li>One 13-consecutive-week membership each year.</li></ul>	\$0
• WW online memberships covered as part of the Benefit Bank.	See Benefit Bank
Care Connect 24/7 phone access to registered nurses who will recommend where you should receive care or will connect you to your doctor.	\$0

### Notice of inclusion resources

At Fallon Health, we believe everyone deserves access to **health care without discrimination**. We work every day to help people of any age, income level, race, color, ethnicity, national origin, disability, religion, sexual orientation, sex, gender identity, and health status achieve their health goals.

To make sure you have access to all the resources and information necessary to understand and access your health plan benefits, we:

- Provide free aids and services—such as qualified sign language interpreters and written information in other formats, including large print, braille, accessible electronic formats, and other formats.
- Provide **free language services**—such as qualified interpreters and information written in other languages—to people whose primary language is not English.
- Have dedicated resources, individuals, and teams that specialize in reviewing our policies to ensure inclusion of the unique needs of our transgender and gender diverse members.

If you need access to or wish to discuss any of this information or resources, **please call us** at the phone number on the back of your member ID card. Or you can email us at cs@fallonhealth.org.

If you believe Fallon or a provider has discriminated against you or didn't provide these resources, please tell us. You can write, call, or email us at:

Compliance Director Phone: 1-508-368-9988 (TRS 711) 10 Chestnut St.

Fallon Health Email: compliance@fallonhealth.org Worcester, MA 01608

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights online at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building

Washington, D.C., 20201

Phone: 1-800-368-1019 (TDD: 1-800-537-7697)

### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-800-325-5669. Someone who speaks English can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-800-325-5669. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电 1-800-325-5669。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-800-325-5669。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-800-325-5669. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-800-325-5669. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-800-325-5669 sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí .

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-800-325-5669. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-800-325-5669 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

**Russian**: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-800-325-5669. Вам окажет помощь сотрудник, который говорит порусски. Данная услуга бесплатная.

النا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، Arabic: . بمساعدتك. هذه خدمة مجانية ليس عليك سوى الاتصال بنا على 1-800-325-5669. سيقوم شخص ما يتحدث العربية

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-800-325-5669 पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

### Multi-language Interpreter Services, continued

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### More information

To learn more about Fallon Medicare Plus Central Premier HMO or to view plan documents, visit our webpages or call us using the information listed below.

	1			
Fallon Medicare Plus	Current members:	1-800-325-5669 (TRS 711)		
Central Premier HMO	Prospective member	rs: 1-866-231-3669 (TRS 711)		
	Website:	fallonhealth.org/medicare		
	Hours:	Monday–Friday, 8 a.m.–8 p.m. From Oct. 1–March 31, we're available seven days a week.		
Provider Directory	fallonhealth.org/findphysician			
Pharmacy Directory	fallonhealth.org/pharmacyfinder			
Prescription Drug Formulary	fallonhealth.org/medicare-formulary			
Original Medicare	"Medicare & You" ha	andbook		
More information about	View online: http://www.medicare.gov			
coverage and costs		II 1-800-MEDICARE		
	,	800-633-4227)		
		hours a day, 7 days a week. Y users should call 1-877-486-2048.		
		1 users should call 1-0//-400-2040.		

This document is available in other formats such as braille, large print, or audio.



SilverSneakers<sup>®</sup> is a registered trademark of Tivity Health, Inc. WW<sup>®</sup> is a registered trademark of WW International, Inc.

# Fallon Medicare Plus™ Premier HMO Summary of Benefits

January 1, 2023-December 31, 2023



### Fallon Medicare Plus Premier HMO

### 2023 Summary of Plan Benefits

This is a summary of drug and health services covered by Fallon Medicare Plus Premier HMO for January 1, 2023–December 31, 2023.

Fallon Health is an HMO plan with a Medicare contract. Enrollment in Fallon Health depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please see the Evidence of Coverage, which is available online at fallonhealth.org/medicare or by calling the phone number at the end of this book.

To join Fallon Medicare Plus Premier HMO, you and/or your spouse must be a member of an employer/union group and you and/or your spouse must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. The service area, for the plans listed in this Summary of Benefits, includes the following counties in Massachusetts: Barnstable, Berkshire, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, and Worcester. Our service area also includes some cities and towns—outside of Massachusetts—that border the previously named counties. For a listing of cities and towns in our service area outside of Massachusetts, please see page 10.

Fallon Medicare Plus Premier HMO has a network of doctors, hospitals, pharmacies, and other providers. If you use providers that are not in our network, the plan will not pay for these services except in certain circumstances.

	Monthly plan premium	Medical deductible	Maximum out-of-pocket
Plan Costs	You must continue to pay your Part B premium.	This is the amount you must pay before your health plan pays for part of the cost of medical care and services.	This is the yearly limit that you will pay out-of-pocket for covered medical services. This amount does not include your monthly premium or any prescription drug costs.
Fallon Medicare Plus Premier HMO	If you pay a premium to your employer group, please contact your benefits administrator for 2023 premium information.  If you pay a premium to Fallon Health, please contact Fallon for 2023 premium information.	\$0	\$3,400

### Part D Prescription Drug Benefits

These medications are ones that you need a prescription to receive, and that you typically get at a retail pharmacy or through mail order. There are four "drug payment stages" for Part D prescription drug coverage: deductible stage, initial coverage stage, coverage gap stage, and catastrophic coverage stage.

Our plan covers most Part D vaccines at no cost to you in all coverage stages. You will pay no more than \$35 for a 30-day supply of covered insulin drugs, regardless of the drug coverage stage.

### **Deductible Stage**

Because there is no deductible for Fallon Medicare Plus Premier HMO, this stage does not apply to your Part D prescription drug coverage.

### **Initial Coverage Stage**

You pay the following amounts until your year-to-date "total drug costs" (your payments plus any Part D plan's payments) total \$7,400.

Fallon Medicare Plus Premier HMO						
	Retail			Mail order		
	30-day supply	60-day supply	90-day supply	30-day supply	60-day supply	90-day supply
Tier 1: Preferred generic drugs	\$10	\$20	\$30	\$10	\$20	\$20
Tier 2: Generic drugs	\$10	\$20	\$30	\$10	\$20	\$20
Tier 3: Preferred brand drugs	\$30	\$60	\$90	\$30	\$60	\$60
Tier 4: Non-preferred brand drugs	\$65	\$130	\$195	\$65	\$130	\$162.50
Tier 5: Specialty drugs	\$65	Not available for this tier	Not available for this tier	\$65	Not available for this tier	Not available for this tier
Tier 6: Select care drugs	\$0	Not available for this tier	Not available for this tier	\$0	Not available for this tier	Not available for this tier

Certain drugs are not available in an extended-day supply. These drugs may be included within Tiers 1-6.

Your copays for insulin drugs are no more than: \$35 for a 30-day supply purchased at retail or through mail order; \$105 for a 90-day supply purchased at retail, and \$70 for a 90-day supply purchased through mail order.

### **Coverage Gap Stage**

You do not have a coverage gap.

### **Catastrophic Coverage Stage**

After your yearly out-of-pocket drug costs reach \$7,400, you pay the greater of: 5% coinsurance (for insulin, no more than \$35), or \$4.15 for generic or a preferred brand drug and \$10.35 for all other drugs.

For more information about cost-sharing specific to the different phases of the benefit, please use the contact information included on the back page to call us.

Fallon Medicare Plus Premier HMO Medical Benefits	You pay
Inpatient Hospital Care Includes medical, surgical, and rehabilitation services. Requires prior authorization.	\$250 per admission
Outpatient Hospital Care Includes:  • Outpatient surgery in a hospital outpatient facility. Requires prior authorization.	\$125
Observation services.	\$0
Doctor Visits • Primary Care Provider (PCP).	\$15
Annual Supplemental Physical Exam with PCP.	\$0
Annual Wellness Visit with PCP.	\$0
• Specialists. May require referral.	\$25
• Telehealth services. May require referral.	\$0 PCP \$0 Outpatient mental health \$0 Outpatient substance abuse \$25 Specialists except as noted above
• 24/7 phone, video, or mobile access to board-certified doctors.	\$0 primary care services
Preventive Care Includes Welcome to Medicare preventive visit, certain screenings, and immunizations such as those for pneumonia and influenza, as well as other preventive care services. May require prior authorization.	\$0
Emergency Care  Copays are per visit at in- or out-of-network facilities. Coverage is worldwide.  You will not pay the emergency copay if you are admitted to the hospital within 72 hours for the same condition.	\$75
<ul><li>Urgently Needed Services</li><li>In the United States and its territories.</li></ul>	\$15
Outside of the United States and its territories.	\$75
Outpatient Diagnostic Tests and Therapeutic Services and Supplies Includes Medicare-covered lab services, diagnostic procedures and tests, X-rays, and therapeutic radiology services, as well as INR testing (anti-coagulant visit).  Some services, tests, and supplies require prior authorization.	\$0
Outpatient Diagnostic Imaging Includes Medicare-covered diagnostic radiology services such as CT scans, PET scans, MRIs, and nuclear studies. <i>Requires prior authorization</i> .	\$0

Fallon Medicare Plus Premier HMO Medical Benefits	You pay
Hearing Services  • One supplemental routine exam per year.	\$0
Diagnostic exams.	\$25
• Hearing aid copays apply to purchases made through Amplifon and vary by model and manufacturer. For coverage, purchases must be made through Amplifon. Limit 2 per member per year.	Copays vary from \$695 to \$2,645
Hearing aids covered as part of the Benefit Bank.	See Benefit Bank
Dental Services • Preventive care, like exams and cleanings through Dental Benefit Providers.	\$25
Comprehensive non-orthodontic care, like root canals, fillings, and crowns.	Copays vary from \$0-\$990
Dental services covered as part of the Benefit Bank.	See Benefit Bank
<ul> <li>Vision Care Includes:</li> <li>One pair of Medicare-covered standard eyeglasses with standard frames or contact lenses after cataract surgery, when obtained by an EyeMed provider.</li> <li>Medicare-covered glaucoma tests.</li> </ul>	\$0
<ul><li>One supplemental routine exam per year.</li><li>Medicare-covered exams to treat diseases and conditions of the eye.</li></ul>	\$25
• \$150 coverage for one pair of non-Medicare-covered eyeglasses or contact lenses, every year, in-network only. Excludes the one pair of Medicare-covered eyeglasses or contact lenses after cataract surgery.	Costs above \$150
• Eyewear covered as part of the Benefit Bank.	See Benefit Bank
Psychiatric Care • Inpatient: Requires prior authorization.	\$250 per admission
Outpatient:     Individual and group therapy visits. Prior authorization is required for:     Transcranial Magnetic Stimulation (TMS) Therapy     Electroconvulsive Therapy (ECT)     Neuropsychological Testing     Intensive Oupatient Therapy (IOP)	In-office without a psychiatrist: \$15 In-office with a psychiatrist: \$25 Telehealth visit, with or without a psychiatrist: \$0
Skilled Nursing Facility (SNF) Care Requires prior authorization.  • Per-day cost, for days 1–10 per admission.	\$20
Per-day cost, for days 11–100 per benefit period.	\$0
Outpatient Rehabilitation Services  Physical and occupational therapy visits beyond 60 visits each require prior authorization.  Speech language therapy visits beyond 35 visits require prior authorization.	\$15

Fallon Medicare Plus Premier HMO Medical Benefits	You pay
Ambulance Copays are for one-way Medicare-covered transports. Ambulance services are covered worldwide. Non-emergency ambulance services require prior authorization.	\$0
<b>Transportation</b> One-way, non-emergent chair van transport from hospital to skilled nursing facility.	\$35
Medicare Part B Prescription Drugs  Drugs that usually aren't self-administered and are injected or infused while at a doctor's office, hospital, or ambulatory/outpatient facility. Certain drugs require prior authorization and/or step therapy.	\$10–\$65
Podiatry Includes medically necessary foot care services. Requires referral.	\$15
Durable Medical Equipment and Related Supplies  Requires prior authorization.	\$0
Acupuncture for chronic low back pain Includes up to 12 visits in 90 days. Requires referral.	\$15
Meals  Up to 14 fully prepared, home-delivered meals (2 meals/day for 7 days) upon discharge from an observation stay or inpatient admission at a hospital or skilled nursing facility.	\$0
Benefit Bank Pay for dental care, eyewear, fitness memberships, and hearing aids with your Benefit Bank card. We put money on the card, and you choose how to use it. Pay for a portion, or the full cost, of an item.	Costs above \$250
Over-the-counter items  Up to four FDA emergency use authorized COVID-19 tests, up to \$48 per month. Tests are available over-the-counter at participating pharmacies.	Costs above \$48 per month
Health and Wellness Programs	
Fitness membership/classes  • SilverSneakers® – Includes access to online classes and instructional videos, an at-home fitness kit, and/or a gym membership.	\$0
Fitness memberships and online fitness program services covered as part of the Benefit Bank.	See Benefit Bank
<ul><li>WW® (formerly Weight Watchers)</li><li>One 13-consecutive-week membership each year.</li></ul>	\$0
• WW online memberships covered as part of the Benefit Bank.	See Benefit Bank
Care Connect 24/7 phone access to registered nurses who will recommend where you should receive care or will connect you to your doctor.	\$0

### Notice of inclusion resources

At Fallon Health, we believe everyone deserves access to **health care without discrimination**. We work every day to help people of any age, income level, race, color, ethnicity, national origin, disability, religion, sexual orientation, sex, gender identity, and health status achieve their health goals.

To make sure you have access to all the resources and information necessary to understand and access your health plan benefits, we:

- Provide free aids and services—such as qualified sign language interpreters and written information in other formats, including large print, braille, accessible electronic formats, and other formats.
- Provide **free language services**—such as qualified interpreters and information written in other languages—to people whose primary language is not English.
- Have dedicated resources, individuals, and teams that specialize in reviewing our policies to ensure inclusion of the unique needs of our transgender and gender diverse members.

If you need access to or wish to discuss any of this information or resources, **please call us** at the phone number on the back of your member ID card. Or you can email us at cs@fallonhealth.org.

If you believe Fallon or a provider has discriminated against you or didn't provide these resources, please tell us. You can write, call, or email us at:

Compliance Director Phone: 1-508-368-9988 (TRS 711) 10 Chestnut St.

Fallon Health Email: compliance@fallonhealth.org Worcester, MA 01608

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights online at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building

Washington, D.C., 20201

Phone: 1-800-368-1019 (TDD: 1-800-537-7697)

### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-800-325-5669. Someone who speaks English can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-800-325-5669. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电 1-800-325-5669。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-800-325-5669。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-800-325-5669. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-800-325-5669. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-800-325-5669 sẽ có nhân viên nói tiếng Việt giúp đỡ quí vi. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-800-325-5669. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-800-325-5669 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-800-325-5669. Вам окажет помощь сотрудник, который говорит порусски. Данная услуга бесплатная.

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### Fallon Medicare Plus Premier HMO service area

(ZIP codes listed represent the service area outside of Massachusetts)

MASSACHUSETTS			
Barnstable County** Berkshire County** Bristol County**	Essex County** Franklin County** Hampden County**	Hampshire County** Middlesex County** Norfolk County**	Plymouth County** Suffolk County** Worcester County**

CONNECTICUT			
Town	ZIP		
Hartford County*			
East Granby	06026		
East Windsor	06088		
East Windsor Hill	06028		
Enfield	06082 06083		
Granby	06035 06090		
Hazardville	06082		
North Granby	06060		
N. Thompsonville	06082		
Scitico	06082		
Suffield	06078 06080 06093		
Thompsonville	06082		
West Granby	06090		
West Suffield	06093		
Windsor Locks	06096		
Tolland County*			
Ellington	06029		
Somers	06071		
Stafford	06075		
Stafford Springs	06076		
Union	06076		
Willington	06279		
Windham County*			
Ashford	06278		
Ballouville	06233		
Danielson	06239		
Dayville	06241		
East Killingly	06243		

CONNECTICUT, cont.			
East Woodstock	06244		
Eastford	06242		
Fabyan	06256		
Killingly	06233		
	06239 06241		
	06241		
	06263		
Mechanicsville	06277		
North	06255		
Grosvenordale			
North Windham	06256		
Pomfret	06258		
Pomfret Center	06259		
Putnam	06260		
Rogers	06263		
South Woodstock	06267		
Thompson	06277		
Woodstock	06281		
Woodstock Valley	06282		
NEW HAMPSHIR	E		
Town	ZIP		
Cheshire County*			
Fitzwilliam	03447		
Rindge	03461		
Hillsborough County*			
Brookline	03033		
Greenville	03048		
Hollis	03049		
Hudson	03051		
Jaffrey	03452		
Mason	03048		

NITWALLANADCHUS	· F	
NEW HAMPSHIR		
Nashua	03060	
	03061 03062	
	03062	
	03064	
New Ipswich	03071	
Pelham	03076	
Rockingham Cou	nty*	
Atkinson	03811	
East Kingston	03827	
Hampstead	03841	
Hampton	03842	
Hampton Beach	03843	
Hampton Falls	03844	
Plaistow	03865	
Salem	03079	
Seabrook	03874	
South Hampton	03827	
Windham	03087	
NEW YORK		
Town	ZIP	
Columbia County*		
Austerlitz	12017	
Canaan	12029	
Chatham	12037	
Chatham Center	12184	
Copake	12516	
Copake Falls	12517	
Craryville	12521	
East Chatham	12060	
Hillsdale	12529	
Malden Bridge	12115	
New Lebanon	12125	

<b>NEW YORK,</b> cont	
Old Chatham	12136
West Lebanon	12195
Rensselaer County	y*
Berlin	12022
Stephentown	12168 12169
RHODE ISLAND	)
Town	ZIP
Bristol County*	
Bristol	02809
Warren	02885
Newport County*	
Little Compton	02837
Tiverton	02878
Providence Count	y*
Burrillville	02826 02830 02839 02858
Cumberland	02864
Glendale	02826
Harrisville	02830
Mapleville	02839
North Smithfield	02824 02876 02896
Oakland	02858
Pawtucket	02860 02861 02862
Slatersville	02876
Smithfield	02917
Valley Falls	02864
Woonsocket	02895

<sup>\*</sup> Partial County

<sup>\*\*</sup> Full County

### More information

To learn more about Fallon Medicare Plus Premier HMO or to view plan documents, visit our webpages or call us using the information listed below.

Fallon Medicare Plus	Current members:	1-800-325-5669 (TRS 711)	
	Prospective membe	rs: <b>1-866-231-3669 (TRS 711)</b>	
	Website:	fallonhealth.org/medicare	
	Hours:	Monday–Friday, 8 a.m.–8 p.m. From Oct. 1–March 31, we're available seven days a week.	
Provider Directory	fallonhealth.org/findphysician		
Pharmacy Directory	fallonhealth.org/pharmacyfinder		
Prescription Drug Formulary	fallonhealth.org/medicare-formulary		
Original Medicare	"Medicare & You" handbook		
More information about	• View online: ht	tp://www.medicare.gov	
coverage and costs	' '	III 1-800-MEDICARE	
	· ·	800-633-4227)	
		hours a day, 7 days a week. Y users should call 1-877-486-2048.	
		1 users siroulu call 1-077-400-2040.	

This document is available in other formats such as braille, large print, or audio.



SilverSneakers<sup>®</sup> is a registered trademark of Tivity Health, Inc. WW<sup>®</sup> is a registered trademark of WW International, Inc.

#### IMPORTANT INFORMATION:

### 2022 Medicare Star Ratings

### medicare Star Ratings

Official U.S.
Government
Medicare
Information

CENTERS FOR MEDICARE & MEDICAID SERVICES

Fallon Health - H9001

For 2022, Fallon Health - H9001 received the following Star Ratings from Medicare:

Overall Star Rating:  $\star \star \star \star \star$ Health Services Rating:  $\star \star \star \star \star$ Drug Services Rating:  $\star \star \star \star \star$ 



Every year, Medicare evaluates plans based on a 5-star rating system.

#### Why Star Ratings Are Important

Medicare rates plans on their health and drug services.

This lets you easily compare plans based on quality and performance.

Star Ratings are based on factors that include:

- Feedback from members about the plan's service and care
- The number of members who left or stayed with the plan
- The number of complaints Medicare got about the plan
- Data from doctors and hospitals that work with the plan

More stars mean a better plan – for example, members may get better care and better, faster customer service.

The number of stars show how well a plan performs.

★★★★ EXCELLENT

★ ★ ★ ☆ ABOVE AVERAGE

★★☆☆ AVERAGE

★★☆☆☆ BELOW AVERAGE

★☆☆☆☆ POOR

#### Get More Information on Star Ratings Online

Compare Star Ratings for this and other plans online at medicare.gov/plan-compare.

#### Questions about this plan?

Contact Fallon Health 7 days a week from 8:00 a.m. to 8:00 p.m. Eastern time at 800-325-5669 (toll-free) or 711 (TTY), from October 1 to March 31. Our hours of operation from April 1 to September 30 are Monday through Friday from 8:00 a.m. to 8:00 p.m. Eastern time. Current members please call 800-325-5669 (toll-free) or 711 (TTY).