

Minuteman Nashoba Health Group

Board Meeting

Monday, March 7, 2022 at 10:00 AM
Virtual Meeting by Remote Participation

Meeting Minutes

Board and Alternate Members Present:

Melisa Doig, Chair	Town of Groton
Kevin Johnston	Town of Ayer
Kristen Noel	Town of Bolton
Rajon Hudson	Town of Boxborough
Ian Rhames	Concord Carlisle RSD
Kerry Lafleur	Town of Concord
Marie Sobalvarro	Town of Harvard
Chelsea Mason	Narragansett RSD
Ann Marie Tucciarone-Mahan	North Middlesex RSD
William Schlosstein	Town of Pepperell
Dolores Hamilton	Town of Stow
Brad Brightman	Town of Stow

Guests Present:

Marcy Morrison	MNHG Wellness Consultant
Malyssa Simard	Town of Concord
Stephanie Oliver	Town of Concord
Hannah Moller	Town of Groton
Sue Shillue	Cook and Co, Ins.
Patricia Joyce	Abacus Health Solutions
Lisa Despres	Tufts Health Plan
Fred Winer	Tufts Health Plan
Julia Lebrun	Fallon Health
Patrick Flattery	Fallon Health
Bill Hickey	Harvard Pilgrim Health Care
Christopher Myhre	Blue Cross Blue Shield of MA (BCBS)
Chris Collins	CanaRx
Jim Riley	CanaRx
Joseph Anderson	Gallagher Benefit Services, Inc., (GBS)
Karen Quinlivan	Gallagher Benefit Services Inc., (GBS)

The Chair, Melisa Doig, called the meeting to order at 10:05 AM.

Ms. Doig reminded those present that the meeting was being recorded and asked if there were any objections. There were none. Roll call was taken with voting attendees listed as:

Melisa Doig, Board Chair Town of Groton

Kevin Johnston	Town of Ayer
Kristen Noel	Town of Bolton
Rajon Hudson	Town of Boxborough
Ian Rhames	Concord Carlisle RSD
Kerry Lafleur	Town of Concord
Marie Sobalvarro	Town of Harvard
Chelsea Mason	Narragansett RSD
Ann Marie Tucciarone-Mahan	North Middlesex RSD
Dolores Hamilton	Town of Stow

Approval of the minutes of December 13, 2021:

Marie Sobalvarro moved approval of the Board minutes of January 31, 2022 as presented.

Motion

Kevin Johnston seconded the motion.

There was a roll call vote on the motion:

Melisa Doig	Yes
Kevin Johnston	Yes
Kristen Noel	Yes
Rajon Hudson	Abstain
Ian Rhames	Yes
Kerry Lafleur	Yes
Marie Sobalvarro	Yes
Chelsea Mason r	Yes
Ann Marie Tucciarone-Mahan	Yes
Dolores Hamilton	Yes

The motion passed by majority vote.

Treasurer’s Report:

Treasurer Ian Rhames did not have a report ready in time for the meeting. He will forward ASAP for distribution to the Board.

GBS Reports:

Funding Rate Analysis (FRA) report – Joseph Anderson reviewed the FY22 *FRA* with data through January, 2022. He said the expense-to-funding ratio on a paid claims basis was 110.6 with a deficit of funding to major expenses of \$2,801,974. Claims were elevated in a continuing trend. December looked more in line with a normal month. November was an all timer. Large claims appear to be increasing. .

Reinsurance reports – Karen Quinlivan reviewed reinsurance reports for the FY21 policy period with claims data through January. She said that there were 4 claimants with updated total paid claims of \$2,169,073. The amount exceeding the specific deductible of \$300,000 was \$969,073. Total reimbursements of \$933,734 left an outstanding reimbursement amount due of \$35,339. There were 29 claimants on the 50% Report with updated total paid claims of \$6,085,233. The same reports for the FY22 showed 1 claimant with updated total paid claims of \$521,385. The amount exceeding the specific deductible of \$400,000 was \$121,385. Total reimbursements of \$0 left an outstanding reimbursement amount due of \$121,385. There were 5 claimants on the 50% report with total updated claims of \$1,475,176.

Wellness program report:

The Wellness Consultant, Marcy Morrison, provided her Wellness report. Tufts did a study after COVID and found that 66% of people who had severe illness or death from COVID had one of the underlying conditions that Wellness programs focus on. Type 2 diabetes, metabolic syndrome, elevated blood pressure, heart disease and obesity are all underlying conditions that can be focused on through wellness. Ms. Morrison is sending out emails for Mindful March and she is hoping that they will be forwarded on to employees. They pertain to stress management and mindfulness techniques. Next month will focus on a clean-up for spring with a detox program including a plant based online course to encourage people to include plant based items into their diet. The Facebook page allows easy access to healthy recipes and information that has been sent out. The town of Clinton and several others are thinking of having in-person health fairs. Any town wishing to have one should contact her for coordination.

Diabetes Care Rewards Program Report:

Patty Joyce provided a Good Health Gateway Annual report through November 30, 2021. The program is focused on engaging, supporting and rewarding members who meet the American Diabetes Association standards of diabetes care. Members can develop their relationship with their physician to improve their disease state. Member engagement was based on 258 eligible members. There were 26 % enrolled with 52% adherent in the plan and an annual adherence rate of 72%. The breakdown by gender is 44% female and 56% male. There were 683 medications and supplies filled with \$14,095 in estimated waived copays. Net estimated savings were \$66,585. Since inception, total savings to the plan total \$734,860. Rebates distributed during the reporting period total \$95,428.93 and an addition check for over \$11,000 was just mailed out. There has been a 34% reduction in members with an A1C greater than 8.0., which is outstanding. There is also a remote glucose monitoring program where members enrolled are provided a monitor to share their readings with Abacus and their physicians. Outreach is done every two to three weeks. This helps members get spikes back under control and manage their disease better. Outreach is ongoing. Text messaging has been a very effective form of contact. A recent survey had a 19% response rate with 100% satisfaction with the program, 86% taking medications more regularly and 93% have a better understanding of how to manage their disease. Promotional on demand webinars have been popular. They are on the program website and are blasted out through emails as well. There will be a mobile app coming that will make the member rewards card easily accessible.

Health Plan and vendor reports:

Joseph Anderson introduced Christopher Myhre who will be the Account Executive from Blue Cross working with the MNHG and said that implementation meetings have begun with Blue Cross for a smooth transition towards the July start date.

Mr. Myhre presented a brief outline of anticipated deliverables. Final SBC and plan summary information is currently being readied for sign off. It is anticipated that there will be a Benefit Coordinators meeting as well as support for open enrollment meetings. A dedicated Member Decision Support line will be available for members and the Final enrollment file for mapped members is anticipated in May. The Network Blue Select service area within Massachusetts as well as participating hospitals was highlighted. Mr. Myhre said that Caroline Burnham is the Account Service Coordinator for MNHG and she will be available as point person for materials requests for open enrollment.

Joseph Anderson said that there is the matter of Fallon’s handling of runout claims after the end of the plan year. Contractually there is a four months administrative charge associated with supporting the runout for 12 months. GBS has asked Fallon to price out the monthly equivalency charge and we expect to be getting that information in the next several weeks. It will be an open item until then.

Tufts – Lisa Despres had no updates other than the organization is moving along with combining the two organizations.

Harvard Pilgrim- Bill Hickey said that he is looking forward to in-person health fairs. He also said that even though Fallon members will be mapped to Blue Cross, it is important that members know that they have other options available to them as well.

CanaRx- Jim Riley said that the new website has been live for about a month and the feedback has been positive. Current monthly savings for January were over \$22,000. CanaRx is available for health fairs as well.

Other Business:

There was discussion on the desire for in-person meetings going forward. A poll of meeting attendees indicated that the group was fine with in-person meetings.

Melissa Doig said that the town of Harvard will be leaving the group on May 31st and the group will need another member for the Steering Committee. Any interested members should please contact her.

Next meetings - Melisa Doig announced the next scheduled meetings:

- Steering Committee on Monday April 11, 2022 at 9:00 A.M.
- Board meeting on Monday, April 11, 2022 at 10:00 A.M.

Availability at Groton Fire Station will be determined.

There was no other business.

Ann Marie Tucciarone-Mahan motioned to adjourn the meeting.

Motion

Kevin Johnston seconded the motion.

There was a roll call vote on the motion:

Melisa Doig	Yes
Kevin Johnston	Yes
Kristen Noel	Yes
Rajon Hudson	Yes
Ian Rhames	Yes
Kerry Lafleur	Yes
Marie Sobalvarro	Yes
Chelsea Mason	Yes
Ann Marie Tucciarone-Mahan	Yes
Dolores Hamilton	Yes

The motion passed by unanimous vote.

Melisa Doig, Chair, adjourned the meeting at 10:59 AM.

*Prepared by Karen Quinlivan,
Gallagher Benefit Services, Inc.*