

Minuteman Nashoba Health Group

Board Meeting

Monday, November 15, 2021 at 10:00 AM
Virtual Meeting by Remote Participation

Meeting Minutes

Board and Alternate Members Present:

Melisa Doig, Chair	Town of Groton
Kevin Johnston	Town of Ayer
Kristen Noel	Town of Bolton
Rajon Hudson	Town of Boxborough
John Kittredge	Town of Clinton
Kerry Lafleur	Town of Concord
Marie Sobalvarro	Town of Harvard
Kaylin Carpenter	Narragansett RSD
Ann Marie Tucciarone-Mahan	North Middlesex RSD
Kristine Hartwell	Town of Pepperell
Andrew Maclean	Town of Pepperell
Dolores Hamilton	Town of Stow
Brad Brightman	Town of Stow

Guests Present:

Marcy Morrison	MNHG Wellness Consultant
Stephanie Oliver	Town of Concord
Malyssa Simard	Town of Concord
Arthur St. John	Concord Fire
Sue Shillue	Cook and Co, Ins.
Patricia Joyce	Abacus Health Solutions
Lisa Despres	Tufts Health Plan
Rae Felts	Tufts Health Plan
Fred Winer	Tufts Health Plan
Julia Lebrun	Fallon Health
Patrick Flattery	Fallon Health
Bill Hickey	Harvard Pilgrim Health Care
Chris Collins	CanaRx
Jim Riley	CanaRx
Joseph Anderson	Gallagher Benefit Services, Inc., (GBS)
Karen Quinlivan	Gallagher Benefit Services Inc., (GBS)

The Chair, Melisa Doig, called the meeting to order at 10:01 AM.

Ms. Doig reminded those present that the meeting was being recorded and asked if there were any objections. There were none. Roll call was taken with voting attendees listed as:

Melisa Doig, Board Chair	Town of Groton
Kevin Johnston	Town of Ayer
Kristen Noel	Town of Bolton
Rajon Hudson	Town Of Boxborough
John Kittredge	Town of Clinton
Kerry Lafleur	Town of Concord
Marie Sobalvarro	Town of Harvard
Kaylin Carpenter	Narragansett RSD
Ann Marie Tucciarone-Mahan	North Middlesex RSD
Kristine Hartwell	Town of Pepperell

Approval of the minutes of October 18, 2021:

Ann Marie Tucciarone-Mahan moved approval of the Board minutes of October 18, 2021 as presented.

Motion

Kevin Johnston seconded the motion.

There was a roll call vote on the motion:

Melisa Doig	Yes
Kevin Johnston	Yes
Kristen Noel	Yes
Rajon Hudson	Yes
John Kittredge	Yes
Kerry Lafleur	Yes
Marie Sobalvarro	Yes
Kaylin Carpenter	Yes
Ann Marie Tucciarone-Mahan	Yes
Kristine Hartwell	Yes

The motion passed by unanimous vote.

Treasurer’s Report:

Treasurer Ian Rhames was unable to attend the meeting and did not provide a report for review.

Dolores Hamilton, a voting member from Stow joined the meeting at this time.

GBS Reports:

Funding Rate Analysis (FRA) report – Joseph Anderson reviewed the FY21 *FRA* with data through September 30, 2021. He said the expense-to-funding ratio on a paid claims basis was

104.7% with a deficit of funding to major expenses of \$628,248. Some of that is attributed to increased claims experience and some to runout of departed member units. It will be interesting to see if the trend continues. Increased activity was a common trend across other groups as well.

Reinsurance reports – Karen Quinlivan reviewed reinsurance reports for the FY21 policy period with claims data through September. She said that there were 4 claimants with updated total paid claims of \$2,159,048. The amount exceeding the specific deductible of \$300,000 was \$959,048. Total reimbursements of \$597,325 left an outstanding reimbursement amount due of \$361,723. There were 29 claimants on the 50% Report with updated total paid claims of \$6,096,160. The same reports for the FY22 did not include any members in excess or at the 50% reporting level yet.

Wellness program report:

The Wellness Consultant, Marcy Morrison, reviewed the status of the Wellness programs. The 3/3/3/ Challenge completed with 80 participants. Participants received weekly emails with information and action items 2-3 times per week to create three habits over three weeks to lose three pounds. The Maintain Don't Gain program was renamed Health Happy Holidays this year and the program will run through January 2, 2022. The program helps employees and family members manage unhealthy holiday behavior and helps with stress management during the holiday season from November through New Year's Day. There is a private Facebook group for weight management that has employees engaging with each other and Ms. Morrison. Small group coaching has begun with additional help for those that need it or feel stuck. The Facebook page has healthy recipes, health information and wellness program information. Ms. Morrison said that she is still available for lunch and learns and onsite programs for those that would like that type of program. Yoga and fitness programs can be made available to those that would like to have a 6 or 8 week program at their locations.

Fallon health- exit updates and discussion:

Joseph Anderson said at the last MNHG Board meeting they approved moving forward with getting a commitment from Blue Cross to serve as the Fallon replacement as lowest cost carrier. At the last meeting the group also determined the base rates to which the annual pricing exercise will be applied. The next step will be to develop a pricing exercise at the total funding level. Renewal pricing will be received from the carriers as usual. Fallon will be due this week and the others by the end of the month. That information will be matched with a separate calculation from Gallagher and a discussion and determination will be made for what sensible pricing looks like. These are not business as usual times and GBS is available for any questions any may have. The plan year will be extended by one month for a July 1 renewal.

Health Plan and vendor reports:

Harvard Pilgrim- Bill Hickey had nothing to report.

Tufts – Lisa Despres had no updates.

Fred Winer said that Medicare part B premium increased 14.5% to around \$170. The pandemic is being blamed. TV ads are confusing senior members as usual so it is important to educate

member to ignore them. He asked units to remember to use the new group numbers for the Medicare Supplement plan and to make sure to use the current 2022 forms for open enrollment.

Fallon Health – Julia Lebrun said Fallon had no updates.

Patrick Flattery echoed what Fred Winer said about advertisements. There has been aggressive marketing for the new UMass plan Mass Advantage. Some members received letters thinking that in order to maintain their UMass physician they needed to switch to that plan. That is not the case.

Abacus- Patty Joyce asked if they could be included in the implementation of the new plans with data feeds for group numbers etc.

CanaRx- Jim Riley said they will be working on upgrading the website soon. They have received a preview of new marketing materials and will be sharing those soon as well.

Other Business:

Ann Marie Tucciarone-Mahan, NMRSD has volunteered to serve on the Steering Committee.

Melisa Doig said that she would entertain a nomination.

Kerry LaFleur motioned to nominate Ann Marie Tucciarone-Mahan to the Steering Committee.

Motion

Kevin Johnston seconded the motion. There was a roll call vote.

Melisa Doig	Yes
Kevin Johnston	Yes
Kristen Noel	Yes
Rajon Hudson	Yes
John Kittredge	Yes
Kerry Lafleur	Yes
Marie Sobalvarro	Yes
Kaylin Carpenter	Yes
Ann Marie Tucciarone-Mahan	Yes
Kristine Hartwell	Yes
Dolores Hamilton	Yes

The motion passed by unanimous vote.

Next meetings - Melisa Doig announced the next scheduled meetings:

- Steering Committee on Monday December 13, 2021 at 1:00 P.M.
- Board meeting on Monday, December 13, 2021 at 20:00 P.M.

There was no other business.

Marie Sobalvarro motioned to adjourn the meeting.

Motion

Ann Marie Tucciarone-Mahan seconded the motion.

There was a roll call vote on the motion:

Melisa Doig	Yes
Kevin Johnston	Yes
Rajon Hudson	Yes
John Kittredge	Yes
Ian Rhames	Yes
Kerry Lafleur	Yes
Marie Sobalvarro	Yes
Kaylin Carpenter	Yes
Ann Marie Tucciarone-Mahan	Yes
Kristine Hartwell	Yes
Dolores Hamilton	Yes

The motion passed by unanimous vote.

Melisa Doig, Chair, adjourned the meeting at 10:27 AM.

*Prepared by Karen Quinlivan,
Gallagher Benefit Services, Inc.*