

The HPHC Insurance Company PPO

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage Period: 06/01/2021 — 05/31/2022

Coverage for: Individual + Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.harvardpilgrim.org/LGsampleEOC. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-888-333-4742 to request a copy.

Important Questions	Answers	Why this matters
What is the overall deductible?	In-Network: \$300 member/ \$900 family Out-of-Network: \$400 member/ \$800 family Benefits are administered on a Plan Year basis.	Generally you must pay all the costs up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, they have to meet their own individual <u>deductible</u> until the overall family <u>deductible</u> amount has been met.
Are there services covered before you meet your deductible?	Yes: <u>In-Network emergency medical transportation</u> , prescription drugs, outpatient mental health services, <u>preventive care</u> , <u>provider</u> office visits, <u>rehabilitation services</u> , <u>habilitation services</u> , routine eye exams, are covered before you meet your <u>deductibles</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But, a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: \$2,000 member/ \$4,000 family Out-of-Network: \$3,000 member Separate out-of-pocket limit applies to Pharmacy, see "If you need drugs to treat your illness or condition".	The <u>out-of-pocket limit</u> is the most you could pay in a year of covered services. If you have other family members in this plan, they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.

Important Questions	Answers	Why this matters
What is not included in the out-of-pocket limit?	Prescription drugs, premiums , balance-billing charges, penalties for failure to obtain preauthorization for services and health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See https://www.harvardpilgrim.org/public/find-a-provider or call 1-888-333-4742 for a list of preferred providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without permission from this plan .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	Limitations, Exceptions,	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Level 1: \$20 copay/visit; deductible does not apply	20% coinsurance	None
	Specialist visit	Level 1: \$20 copay/visit; deductible does not apply Level 2: \$45 copay/visit; deductible does not apply	20% coinsurance	None
	Preventive care/screening/immunization	No charge; deductible does not apply	20% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.

		What You	Limitations, Exceptions,		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information	
If you have a test	Diagnostic test (x-ray, blood work)	X-rays: No charge Laboratory: No charge	X-rays: 20% coinsurance Laboratory: 20% coinsurance	None	
	Imaging (CT/PET scans, MRIs)	\$100 <u>copay</u> /procedure	20% coinsurance	Cost sharing may vary for certain imaging services. Out-of-Network preauthorization required. \$500 penalty if not obtained.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.harvardpilgrim.org/ 2021Premium3T.	Generic drugs	30-Day Retail Tier 1: \$10 copay/prescription; deductible does not apply 90-Day Mail Tier 1: \$25 copay/prescription; deductible does not apply		Prescription drug Out-of-Pocket Maximum:. \$3,000 member/ \$6,000 family	
	Preferred brand drugs	30-Day Retail Tier 2: \$30 copay/prescription; deductible does not apply 90-Day Mail Tier 2: \$75 copay/prescription; deductible does not apply		Some generic drugs are in this tier.	
	Non-preferred brand drugs	30-Day Retail Tier 3: \$65 copay/prescription; deductible does not apply 90-Day Mail Tier 3: \$165 copay/prescription; deductible does not apply		Same as above.	
	Specialty drugs	All drugs are covered in Retail Pharmacy and Mail Order Pharmacy Tiers 1 — 3		Some drugs must be obtained through a Specialty Pharmacy.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$250 <u>copay</u> /visit 20% <u>coinsurance</u>		Out-of-Network preauthorization required. \$500 penalty if not obtained.	
	Physician/surgeon fees	No charge 20% coinsurance			

	Services You May Need	What You	Limitations, Exceptions,	
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information
If you need immediate	Emergency room care	\$100 copay/visit		None
medical attention	Emergency medical transportation	No charge; <u>deductible</u> does not apply		None
	<u>Urgent care</u>	Convenience care clinic: \$20 copay/visit; deductible does not apply Urgent care center: \$20 copay/visit; deductible does not apply Hospital urgent care center: \$20 copay/visit; deductible does not apply	Convenience care clinic: 20% coinsurance Urgent care center: 20% coinsurance Hospital urgent care center: 20% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	\$500 <u>copay</u> /admit	20% <u>coinsurance</u>	Out-of-Network <pre>preauthorization</pre> required.
	Physician/surgeon fee	No charge	20% <u>coinsurance</u>	\$500 penalty if not obtained.
If you have mental health, behavioral health, or substance abuse needs	Outpatient services	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	20% coinsurance	Out-of-Network <pre>preauthorization</pre> required.
	Inpatient services	\$500 <u>copay</u> /admit	20% <u>coinsurance</u>	\$500 penalty if not obtained.
If you are pregnant	Office visits	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	20% <u>coinsurance</u>	Cost sharing does not apply for preventive
	Childbirth/delivery professional services	No charge	20% coinsurance	services.
	Childbirth/delivery facility services	\$500 copay/admit	20% coinsurance	

		What You Will Pay		Limitations, Exceptions,	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information	
If you need help recovering	Home health care	No charge	20% <u>coinsurance</u>	None	
or have other special health needs	Rehabilitation services Habilitation services	Physical Therapy: \$20 copay/visit; deductible does not apply Occupational Therapy: \$20 copay/visit; deductible does not apply Speech Therapy: \$20 copay/visit; deductible does not apply	Physical Therapy: 20% coinsurance Occupational Therapy: 20% coinsurance Speech Therapy: 20% coinsurance	Occupational therapy – 30 visits /Plan Year Physical therapy – 30 visits /Plan Year Out-of-Network preauthorization required. \$500 penalty if not obtained.	
	Skilled nursing care	\$500 copay /admit	20% <u>coinsurance</u>	100 days/Plan Year	
	Durable medical equipment	No charge	20% coinsurance	Out-of-Network <pre>preauthorization required.</pre> \$500 penalty if not obtained.	
	Hospice services	No charge	20% coinsurance	For inpatient see "If you have a hospital stay".	
If your child needs dental or eye care	Children's eye exam	No charge; <u>deductible</u> does not apply	20% coinsurance	1 exam/Plan Year	
	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up – Up to age of 13	No charge; <u>deductible</u> does not apply	20% coinsurance	2 exams/Plan Year	
Excluded Services & Other	Covered Services:				
Services Your Plan Does N	OT Cover (This isn't a comp	plete list. Check your policy o	or plan document for other ex	ccluded services.)	
<u> </u>		ng-Term (Custodial) Care st Cosmetic Surgery	Private-duty nursingRoutine foot careServices that are not Medically Necessary		

Chiropractic Care	Most Dental Care (Adult)	Weight Loss Programs
Other Covered Services (This isn't a complete these services.)	list. Check your policy or plan document for ot	her covered services and your costs for
Bariatric surgery		Infertility Treatment
		Non-emergency care when traveling outside the U.S.
		Routine eye care (Adult) – 1 exam/Plan Year

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

HPHC Member Appeals-Member Services Department HPHC Insurance Company, Inc. 1600 Crown Colony Drive Quincy, MA 02169

Telephone: 1-888-333-4742

Fax: 1-617-509-3085

Department of Labor's Employee Benefits Security Administration 1-866-444-3272

www.dol.gov/ebsa/healthreform

Health Care for All 30 Winter Street, Suite 1004

Boston, MA 02108 1-800-272-4232

http://www.hcfama.org/helpline

Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this Coverage Meet the Minimum Value Standard? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium</u> tax credit to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Para obtener asistencia en Español, llame al 1-888-333-4742.

如果需要中文的帮助,请拨打这个号码 1-888-333-4742.

De assistência em Português, por favor ligue 1-888-333-4742.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductible</u>, <u>copayment</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)		
■ The plan's overall deductible	\$300	■ The plan's overall deductible	\$300	The plan's overall deductible	\$300	
■ Specialist copayment	\$45	■ Specialist copayment	\$45	■ Specialist copayment	\$45	
Hospital (facility) <u>copayment</u>	\$500	Hospital (facility) <u>copayment</u>	\$500	Hospital (facility) <u>copayment</u>	\$500	
Other	\$0	Other	\$0	Other	\$0	
This EXAMPLE event includes services like:		This EXAMPLE event includes services like:		This EXAMPLE event includes services like:		
Specialist office visits (prenatal care)		Primary care physician office visi	ts (including	Emergency room care (including medical supplie.		
Childbirth/Delivery Professional Serv	vices	disease education)		Diagnostic test (x-ray)		
Childbirth/Delivery Facility Services		Diagnostic tests (blood work)		Durable medical equipment (crutches)		
Diagnostic tests (ultrasounds and blood	d work)	Prescription drugs		Rehabilitation services (physical therapy)		
Specialist visit (anesthesia)		Durable medical equipment (gluce	ose meter)			
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would pay	y:	In this example, Joe would pa	ay:	In this example, Mia would pay:		
Cost Sharing		Cost Sharing		Cost Sharing		
<u>Deductibles</u>	\$300	Deductibles	\$100	<u>Deductibles</u>	\$300	
Copayments	\$600	Copayments	\$1,200	Copayments	\$200	
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	\$0	Limits or exclusions	\$0	Limits or exclusions		
The total Peg would pay is	\$900	The total Joe would pay is	\$1,300	The total Mia would pay is	\$500	

The plan would be responsible for the other costs of these EXAMPLE covered services.

Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-888-333-4742 (TTY: 711).

Português (Portuguese) ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-888-333-4742 (TTY: 711).

Kreyòl Ayisyen (French Creole) ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-888-333-4742 (TTY: 711).

繁體中文 (Traditional Chinese) 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-333-4742 (TTY: 711)。

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-888-333-4742 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-333-4742 (телетайп: 711).

(Arabic) العربية

إنتياه: إذا أنت تتكلم اللُّغة العربية ، خَدَمات المُساعَدة اللُّغوية مُتَوفرة لك مَجانا. واتصل على 4742-333-1888 (TTY: 711)

ខ្មែរ (Cambodian) ្រសុំជូននំណីង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយឥតគិតថ្លៃ។។ ចូរ ទូរស័ព្ទ 1-888-333-4742 (TTY: 711)។

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-333-4742 (ATS: 711).

Italiano (Italian) ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-888-333-4742 (TTY: 711).



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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한국어 (Korean) '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-333-4742 (TTY: 711) 번으로 전화해 주십시오.

Ελληνικά (Greek) ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-888-333-4742 (TTY: 711).

Polski (Polish) UWAGA: Jeżeli mówisz po polsku. możesz skorzystać z bezpłatnej pomocy jezykowej. Zadzwoń pod numer 1-888-333-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है. जानकारी के लिये फोन करे. 1-888-333-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હો તો આપને માટે ભાષાકીય સહ્યય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-888-333-4742 (TTY: 711)

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-888-333-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-888-333-4742 (TTY: 711).



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General Notice About Nondiscrimination and Accessibility Requirements

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Compliance Officer, 93 Worcester St, Wellesley, MA 02481, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil_rights@harvardpilgrim.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



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