

Minuteman Nashoba Health Group

Board Meeting

Wednesday, May 30, 2018 at 10:00 AM
Groton Fire Station
Groton, MA

Meeting Minutes

Board and Alternate Members Present:

Donna Madden, Chair	Town of Bolton
Ian Rhames, Treasurer	Concord Carlisle RSD
Jonn Flaherty	Concord Carlisle RSD
Bev Beno	CASE Collaborative
John Kittredge	Town of Clinton
Kerry LaFleur	Town of Concord
Melisa Doig	Town of Groton
Nancy Haines	North Middlesex RSD
Debbie Nutter	Town of Pepperell
Pam Landry	Town of Stow
Brigette Bell	Town of Tyngsborough
David Nalchajian	Town of Harvard

Guests Present:

Stephanie Oliver	Town of Concord
Felicia Kuehe	Narragansett RSD
Marcy Morrison	MNHG Wellness Consultant
Linda Loiselle	Abacus Health Solutions
Patty Joyce	Abacu Health Solutions
Joe Anderson	Fallon Health
Erin Hayes	Tufts Health Plan
Fred Winer	Tufts Health Plan
Bill Hickey	Harvard Pilgrim Health Care
Carol Cormier	Group Benefits Strategies

Chair Donna Madden called the meeting to order at 10:03 AM.

Approval of the minutes of April 10, 2018:

Melisa Doig moved approval of the Board minutes of April 10, 2018.

Motion

Bev Beno seconded the motion. The motion passed with one abstention.

Election of Officers:

Donna Madden said she is retired and that this will be her last MNHG meeting. She said that Patrick McIntyre, Vice Chair, is leaving Town of Boxborough to work for a town outside the MNHG. She said that Kerri Colburn-Dion has agreed to assume the position of Chair if nominated and elected. Ms. Madden said Melisa Doig has expressed interest in the Vice Chair position.

John Flaherty nominated Kerry Colburn-Dion to be Board Chair.

Motion

Bev Beno seconded the motion.

There were no other nominations.

Mr. Flaherty's motion passed by unanimous vote.

Donna Madden said that this would be John Flaherty's last Board meeting because he is retiring. She thanked him for his years of service on the Board and Steering Committee. The Board wished him well with thanks.

The Board thanked Donna Madden for her service as Chair, on the Board and Steering Committee, and on the Mass. Municipal Reinsurance Arrangement Board. They wished her well in retirement.

Treasurer's Report:

Treasurer, Ian Rhames, reviewed the financial reports of April 30, 2018 (unaudited figures) and noted that Net Revenue was down \$12,554 for the month. He said the financials show an Uncommitted Fund Balance of \$3,384,184 which is \$2.5 million below the Fund Balance Target.

Wellness Report

Marcy Morrison, MNHG Wellness Consultant, said she attended eleven health fairs. She said that hopefully next year she and the employers can plan some different activities for the health fairs to attract more employees. She reviewed her report which was included in the Board packet. She discussed the Move It and Lose It program, Yoga and Fitness programs, "Daily Endorphin", and the information on the Facebook page.

Ms. Morrison said that she is currently attending classes at the Benson Henry Institute at Mass. General Hospital for Mindfulness Meditation. Once certified she will be able to teach mindfulness and meditation techniques developed by physicians at Benson Henry Institute.

GBS reports:

Funding Rate Analysis Report (FRA) - Carol Cormier reviewed the FY18 FRA report with data through April 2018. She said the expense-to-funding ratio on a paid claims basis was 93.9% with a funding surplus of \$2,508,658. She said that Fallon has the largest enrollment and the expense-to-funding ratio for Fallon was 100.1% while the other plans were running at much lower ratios.

Stop Loss Reports – Carol Cormier reviewed the stop loss reports for the *FY17 policy period* with data updated through April 2018. She said that there were 8 claimants with claims exceeding the specific deductible of \$300,000. She said the claims totaled \$3,321,425, and the excess amount was \$921,425. She said MNHG has been reimbursed \$938,533 to date and that this was an overpayment since there were provider credits received in April. She said MNHG owes the carrier \$17,108.

Ms. Cormier said that the *FY18 policy period* as of April 2018 has one member with claims exceeding the \$300K specific deductible. She said the claims totaled \$515,461, and the excess

amount was \$215,461. She said that there were 17 members who had claims between 50% and 100% of the deductible with total claims of \$3,503,834.

Ms. Cormier said that there will be a Mass. Municipal Reinsurance Arrangement (MMRA) Board meeting tomorrow, May 31st and that Donna Madden and she will attend.

Diabetes Care Rewards program:

Linda Loiselle, Abacus Health Solutions, introduced Patty Joyce, who is the new Abacus Account Representative. Ms. Loiselle reviewed the program report with data through May 15, 2018. She said that MNHG has 35% of diabetics enrolled in the program, and of those, 51% are compliant with program requirements.

Donna Madden asked Ms. Loiselle to re-send the Diabetes program promotional piece to the Board.

MyTelemedicine/Access-A-Doctor:

Carol Cormier said that the proposed contract had undergone legal review by the CCMHG's legal counsel. She said that MyTelemedicine agreed to all of the changes that the CCMHG's attorney requested. Ms. Cormier said that the contract for MNHG is the same as for CCMHG.

Donna Madden signed the MyTelemedicine contract.

Benefits Administrators meeting:

Carol Cormier said that the benefits administrators' meeting will be held on June 14th at 10 AM. She said that the Groton Center Fire Station is not available that day. She asked if another unit could offer a meeting room for 25 or more people.

John Flaherty said he would check to see if Concord Carlisle RSD (CCRSD) could provide the venue.

It was subsequently learned that CCRSD will provide a meeting room, Conference Room 4, in the Ripley Bldg. at 120 Miriam Road, Concord.

Audit Interviews:

Treasurer, Ian Rhames, said that the auditors making proposals to MNHG would be interviewed on June 13 starting at 10 AM at Groton Center Fire Station. He said that the auditor that MNHG has used for the last several years said that he thought the group had signed on with him for another year. Mr. Rhames said he brought the matter to the Ethics Commission which indicated that it thought MNHG was within its rights to seek quotes for the work for the FY18 audit.

Ian Rhames said Board members are welcome to attend the interviews.

Update on Open Enrollment activities;

There was a brief discussion.

Carol Cormier said she would send an exhibit showing the enrollments for June by health plan, including the numbers for HSA-qualified plans.

Health Plan Reports:

The three health plan Account representatives each said that they had nothing new to report.

Other Business:

There was no other business.

John Flaherty moved to adjourn the meeting.

Motion

Melisa Doig seconded the motion. The motion passed by unanimous vote.

Chair, Donna Madden, adjourned the meeting at 10:44 AM.

*Prepared by Carol Cormier
Group Benefits Strategies*