



Fitness pays! Receive up to \$150 fitness reimbursement*

If you're a member of Harvard Pilgrim and belong to a qualified health and fitness club for four consecutive months, we'll reimburse you up to \$150 — for you or your dependents covered under your plan. It's that easy.



To learn about more ways to save on keeping fit, visit www.harvardpilgrim.org/savings
Or, call us at (800) 848-9995.

Most health and fitness clubs qualify

Your club qualifies as long as it's a full-service club offering cardiovascular and strength-training equipment and facilities to exercise and improve physical fitness. For example, most "traditional" health and fitness clubs, YMCAs and JCCs qualify. Facilities and/or programs that don't qualify for reimbursement include country or social clubs, spas, gymnastics centers, martial arts studios, tennis facilities, aerobic-only centers, pool-only clubs and sports teams or leagues. Individual and group classes are not eligible for reimbursement.

What to Know about Harvard Pilgrim's Fitness Reimbursement

How to qualify

- Membership at a qualifying health and fitness club must be for at least four consecutive months in length in a current calendar year. A qualified, full-service health and fitness club is a facility with cardiovascular and strength-training equipment and facilities for exercising and improving physical fitness. Validation as full-service is subject to approval by Harvard Pilgrim Health Care.
- Harvard Pilgrim membership must be equal to or greater than four consecutive months in length with the same employer in a calendar year.**

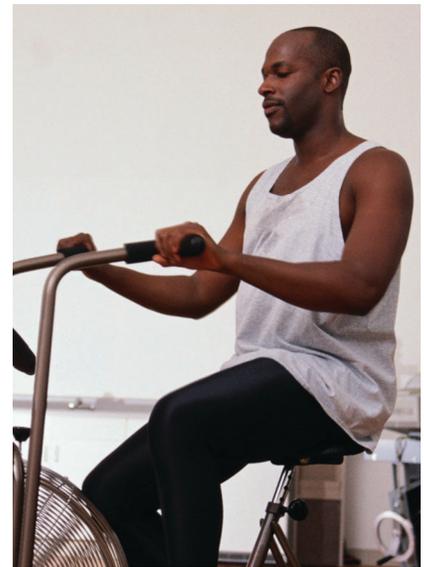
*\$150 maximum reimbursement per Harvard Pilgrim policy in a calendar year (individual or family contract). Must be currently enrolled in Harvard Pilgrim at time of reimbursement. If enrolled through an employer, available to the extent your employer has elected to offer this fitness reimbursement. Restrictions apply, and reimbursement is not available to all members. Visit www.harvardpilgrim.org/fitnessreimbursement or call us for details.

Turn over to learn what you need to know about Harvard Pilgrim's Fitness Reimbursement ▶



What to Know about Harvard Pilgrim's Fitness Reimbursement (continued)

- Either you are enrolled in a plan with fitness reimbursement through your employer or you're enrolled in a Harvard Pilgrim Buy Direct Plan.
- Reimbursement is not available to members enrolled through First Seniority Freedom, Nongroup, some Harvard Pilgrim Choice Plus and Options plans, the Passport ConnectSM program, the Independence Plan for GIC, New Hampshire Healthy Kids, USNH and Health Plans, Inc.
- The subscriber, i.e., the person who holds the Harvard Pilgrim policy, must be a current member of Harvard Pilgrim, with coverage that offers fitness reimbursement, at the time of Harvard Pilgrim's receipt of a complete fitness reimbursement form.



How to receive up to \$150

You have two options for submitting your fitness reimbursement:

1) **Online reimbursement: which takes about two weeks to process**

You will need an *HPHConnect* account to complete your online fitness reimbursement form. Visit www.harvardpilgrim.org/fitnessreimbursement and click on the appropriate *HPHConnect* link. Once you're logged into your *HPHConnect* account, fill out the appropriate form. As long as all requirements are met, your reimbursement should arrive in the mail in about two weeks.

2) **Paper reimbursement: which takes up to eight weeks**

If you don't have Internet access, or would rather not submit your reimbursement electronically, you can use our paper form. You can access a form at www.harvardpilgrim.org/fitnessreimbursement or call Member Services at (888) 333-4742 and a representative will send you a form. Please allow 6–8 weeks for processing.

General requirements and important notes

- You, the subscriber, must fill out and submit Harvard Pilgrim's Fitness Reimbursement Form, as well as all necessary receipts and the health club contract, by March 31 of the following year. Harvard Pilgrim's online and paper fitness reimbursement forms both detail the reimbursement process and what you need to submit to receive your reimbursement.
 - You can obtain a Fitness Reimbursement Form by visiting www.harvardpilgrim.org/fitnessreimbursement or by calling Harvard Pilgrim's Member Services department once eligible for reimbursement.
 - Reimbursement is up to \$150 per calendar year (e.g., January–December) in total for health club membership dues for the subscriber and/or their dependents. (Maximum reimbursement per year per subscriber policy is \$150.)
 - Subscriber may receive fitness reimbursement only once per calendar year.
 - Reimbursement checks will be mailed and made payable to the subscriber only at the subscriber's address of record. No alternative address will be accepted.
 - Be sure to keep copies of all documentation before you submit your fitness reimbursement form, as originals cannot be returned.
 - You can obtain a fitness reimbursement form or submit your online reimbursement form by visiting www.harvardpilgrim.org/fitnessreimbursement. If you don't have Internet access, call Harvard Pilgrim's Member Services department at (888) 333-4742 once eligible for reimbursement.
- ** Certain employers will offer this program upon their annual enrollment/anniversary date. In these instances, you'll be eligible four consecutive months after the enrollment/anniversary date. For example: If your employer's enrollment/anniversary date is April 1, eligibility to submit for reimbursement begins no earlier than August 1 (as long as all other participation rules are met, including being an active member).

