

Fitness pays! Receive up to \$150 fitness reimbursement*



Just be a member of Harvard Pilgrim and belong to a health and fitness club for four consecutive months in 2006 and we'll reimburse you up to \$150 — for you or your dependents covered under your plan. It's that easy.

Most health and fitness clubs qualify



As long as it's a full-service club that offers cardiovascular and strength-training equipment and facilities for exercising and improving physical fitness, it likely qualifies. Most "traditional" health and fitness clubs, YMCAs and JCCs fit into this category.

Facilities and/or programs that don't qualify for reimbursement include country or social clubs, spas, gymnastics centers, martial arts studios, tennis facilities, aerobic-only centers, pool-only clubs and sports teams or leagues. Individual classes are not eligible for reimbursement.

More ways to save money

In addition to the fitness reimbursement, you can receive special pricing with the lowest rates available and unlimited one-week free trials at International Fitness Club Network-participating clubs. There are hundreds of clubs locally, and thousands throughout the world. It's a great way to make your \$150 go even further!



To learn more about all of the discounts available to you, visit www.harvardpilgrim.org and click on Member Savings under Member Quicklinks. Or, call us at (800) 848-9995.

*There is a \$150 maximum reimbursement per Harvard Pilgrim policy in a 12-month period (individual or family contract). Available as long as your employer has elected to offer this fitness reimbursement.