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This copy was developed to help you promote Healthwise Knowledgebase topics on your Web site in May 2008, but you may use it anytime.

Did you know?

The Healthwise Knowledgebase has a topic called [Dealing With Emergencies](#). It offers information to help people face emergency situations. When people are prepared and confident, they may be better able to help themselves or others. Encourage people to take the time to read the Dealing With Emergencies topic before they need it.

[Contact us](#)

If you have questions or if you do not want to receive this monthly Healthwise information.



Warm-weather wellness

Warmer weather means time for fun in the sun. People try to pack in as much as they can. All that rushing around can lead to injury or illness. Put a link on your home page to the [Disease and Injury Prevention](#) Learning Center from the Healthwise Knowledgebase. The learning center offers a great collection of health subjects focused on helping people make better health decisions at any time of the year—including the fast-paced warm-weather months.



Play it safe this spring and summer

As you and your family fill the warm-weather months with fun in the sun, it's important to play safe and stay healthy. Get in the know about things you can do to help prevent illness or injury. Here's a one-stop resource that covers enough health information to fill a beach bag! Check out the [Disease and Injury Prevention](#) page to learn more.

Get to the point

If you need help deciding on a few topics to prominently feature on your Web site this spring and summer, start with the [Disease and Injury Prevention](#) Learning Center. You'll find a great collection of topics, among them the Health and Safety, Ages 2 to 5 Years topic. Give people easier access to the health information they may be looking for. Point them to a topic from the Disease and Injury Prevention Learning Center in the Healthwise Knowledgebase.



Toddling around safely

To a toddler, the whole world may feel like a giant playground. As a parent, you know better. What a child sees as a pretty leaf, you realize is poison ivy. Or the pool sure seems like splashing good fun, but not if your child can't swim! Protect your toddler by reading all about Safety Measures Outside the Home. Check out the [Safety Measures Outside the Home](#) page of the [Health and Safety, Ages 2 to 5 Years](#) to learn more.

Healthwise is a nonprofit organization that helps people make better health decisions.

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